

# CLEVELEYS Health Walk



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**Time: up to 1 hour**

**Start and finish: Frank Townend Centre**

- 1** From the Frank Townend Centre turn left towards the end of the road and left again onto Beach Road. Continue along Beach Road to the end and cross over to the Promenade
- 2** Turn left walking towards Blackpool along the promenade onto Princes Way.
- 3** About  $\frac{3}{4}$  of a mile along the promenade turn into Anchorsholme Park and walk through using the pathways.
- 4** When walking through the park you will pass the Tennis Courts on the left hand side and the Bowling Green on the right.
- 5** Continue to the road and turn left back onto the Promenade and walk back along the same route until you reach Beach Road, walking back to the Frank Townend Centre.