POULTON Health Walk

9

Poulton
Golf Club

YMCA
Leisure
Centre

School

FB *FB*

5 **4**

THE OAKS

Croft
House

SHIRLEY HEIGHTS

Civic
Centre

MOORLAND ROAD

FB

*Tithebarn
Park*

DERBY ROAD

BRECK ROAD

3

*Cricket
Ground*

6

**POULTON-LE-
FYLDE**

VICTORIA ROAD

STATION ROAD

*Playing
Fields*

TITHEBARN STREET

Railway
Station

7

BALL STREET

2

VICARAGE ROAD

P

QUEENSWAY

Shopping
Centre

St.Chad's
Church

CHAPEL ST.

**START/
FINISH**

*Jean
Stansfield
Park*

1

HIGHER GREEN

LOWER GREEN

QUEEN'S SQ.

8

BLACKPOOL OLD RD

P

HARDHORN ROAD

10

Wyre

**Poulton-le-
Fylde**

ELM AVE.

9

GARSTANG ROAD WEST

GARSTANG ROAD EAST
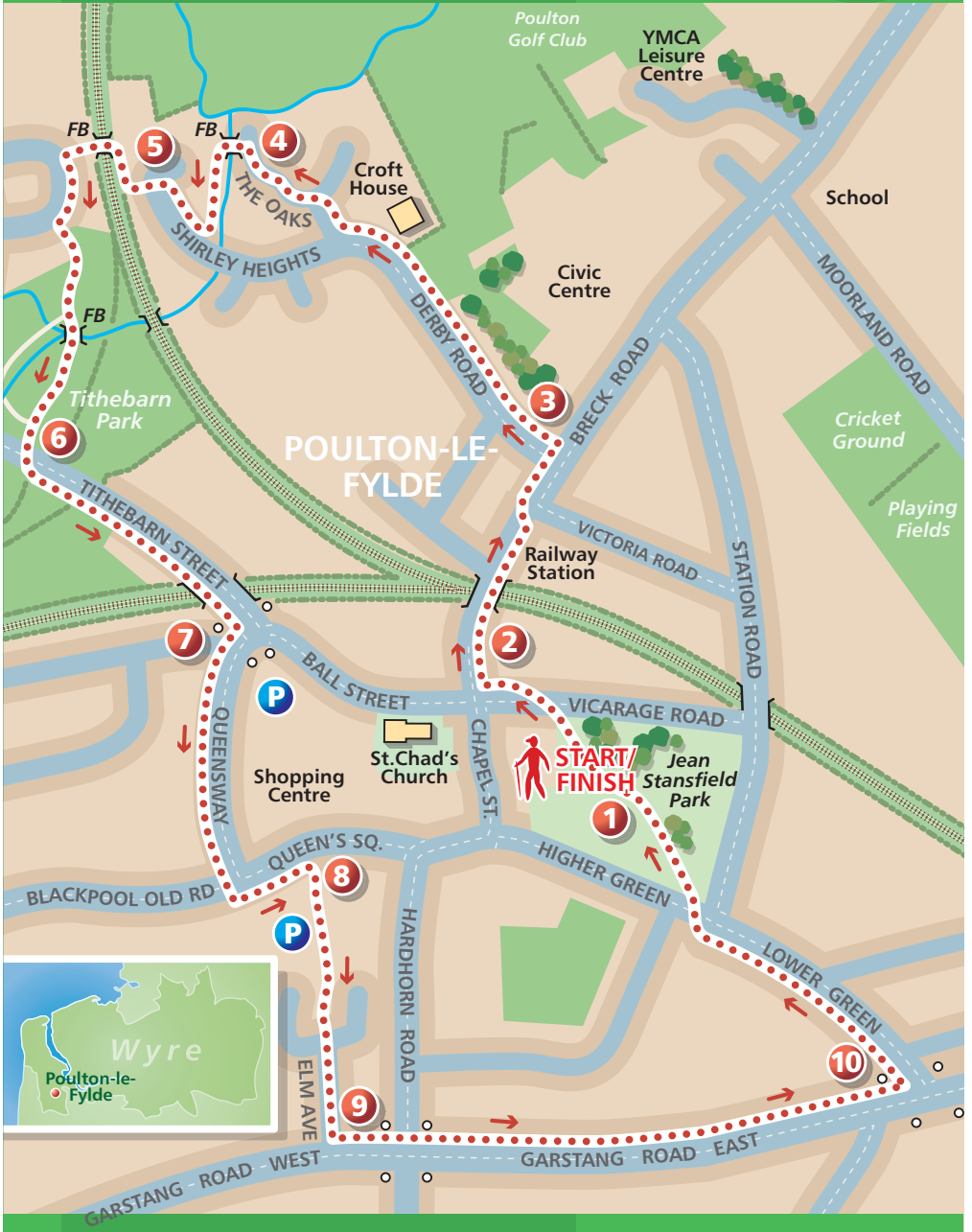
Please note, this map may not be completely accurate to scale, and is intended only as an illustrated guide to the highlighted walk.

POULTON Health Walk

Time: 1 hour

Start and finish: Jean Stansfield Memorial Park

1 Take the footpath diagonally up across Vicarage Park, then exit onto Vicarage Road and turn left. Cross Vicarage Road and walk to the junction of Breck Road.

2 Turn right into Breck Road and walk past the railway station.

3 Turn left into Derby Road, go to the end and through the gated entrance to the new estate, passing Croft House on your right.

4 Turn right into the Oaks, cross the road and turn left to continue along the Oaks. Make your way towards the footbridge straight ahead and cross it turning left to follow the footpath alongside the brook.

5 At the end of the path, turn right and follow the road to the end of the cul-de-sac. Turn left to follow a footpath that runs between two houses (path to the left of lampost 5). Follow the path until you reach steps leading to railway bridge. Go over the bridge and down footpath to road junction, turn left. After about 20 metres just after a right hand bend, turn left onto a path that runs between two houses. This path leads into Tithebarn Park. There are two paths across the park, one goes straight across to the left, crossing a footbridge that leads to steps/ramp leading out of

the park. The other to the right and is slightly longer but also ends up at the steps/ramp. Walk up the steps/ramp and to exit the park and turn left towards Poulton Centre.

6 Cross the road (Tithebarn St) and follow it until reaching the traffic lights.

7 Turn right into Queensway and walk to the end, cross Blackpool Old Road and turn left towards Poulton Centre for 50 metres.

8 Turn right along the road leading into the car park, go directly across the car park to a footpath between the houses leading onto Elm Avenue. Follow Elm Avenue to the end.

9 Turn left along Garstang Road West, cross Hardhorn Rd to the traffic lights and continue along Garstang Rd to the next traffic lights.

10 Turn left into Lower Green and follow until you reach Station Rd and back to the corner of Vicarage Park.