

Emergency & Mental Health Crisis

 **999** – Call for life-threatening emergencies
Dial 55 if you're unable to speak

Lancashire Mental Health Crisis Line (24/7)
 0800 953 0110

Initial Response Team (24/7)
 Support for urgent mental health needs and crises  0800 013 0709

Samaritans (24/7)
 116 123

Homelessness Support

Wyre Council Housing Support (24hr)
 01253 891000

Blackpool Streetlife Nightshelter
 Emergency accommodation, advice, referrals, basic needs
 St John's Square, Blackpool, FY1 1BP
 01253 294477
 Out of hours: 01253 477600

Foodbank Support

The Pantry – Fleetwood
 Fleetwood Trust, Hospital, Pharos Street., FY7 6BE
 07852 989065
 thepantry@ftc-fleetwood.org

Cleveleys Food Bank (St Andrew's Church)
 Rough Lea Road, Cleveleys, FY5 1DP
 01253 824001

Preesall and Knott End Help Group
 HelpPKE@gmail.com
 01253 810628
 Facebook: [HelpPKE](https://www.facebook.com/HelpPKE)

Domestic Abuse

Domestic Abuse Support Service Lancashire (24hr)
 03003033581

Children's Independent Domestic Violence Advisor
 03003232100

Behind Closed Doors

Confidential support, safety planning, refuge referrals
 Facebook: [Behind Closed Doors](https://www.facebook.com/BehindClosedDoors)



BrightSky App (free to download)
 Providing support and information for anyone in an abusive relationship.

Drug & Alcohol Support

Inspire (Fleetwood & Wyre) (18+)
 Dock Street, Fleetwood, FY7 6HP
 01253 955700

We Are With You (11–24)
 www.wearewithyou.org.uk
 Online & local support

Level Up Fleetwood – Families in Recovery
 Pavilion, Memorial Park, Fleetwood, FY7 7AF
 Sessions: Mondays & Saturdays, 3pm–7pm
 07743 920614
 Facebook: [Level Up Fleetwood](https://www.facebook.com/LevelUpFleetwood)

Other Useful Contacts

Citizens Advice Wyre
 Help with benefits, debt, legal, housing
 0808 278 7840

Adult & Child Social Services (Lancashire)
 0300 123 6720

 **MenShed Fleetwood**
 Community space for men to socialise, gain skills, and improve wellbeing
 85 Manor Road, Fleetwood, FY7 7HY
 07563 534883
 mensshedfleetwood@gmail.com

Lancashire victim services.
 03003230085

Employment

Job Centre Fleetwood
 Kemp Street
 08001690190

Positive Futures 16-64
 North Albert Street
 07483041028

Kings Trust (LFRS) 16-24
 12-week self-development programme
 Fleetwood Fire Station
 07796 147383