




## Emergency & Mental Health Crisis


 **999** – Call for life-threatening emergencies  
**Dial 55** if you're unable to speak

**Lancashire Mental Health Crisis Line (24/7)**  
 0800 953 0110

**Initial Response Team (24/7)**  
Support for urgent mental health needs and crisis situations  
 0800 013 0709

**Samaritans (24/7)**  
 116 123

## Homelessness Support




**Wyre Council Housing Support (24hr)**  
 01253 891000

**Blackpool Streetlife Nightshelter**  
Emergency accommodation, advice, referrals, basic needs  
 St John's Square, Blackpool, FY1 1BP  
 01253 294477  
 Out of hours: 01253 477600

## Foodbank Support

**The Pantry – Fleetwood**  
 Fleetwood Trust, Hospital, Pharos Street., FY7 6BE  
 07852 989065  
 [thepantry@fitc-fleetwood.org](mailto:thepantry@fitc-fleetwood.org)

**Cleveleys Food Bank (St Andrew's Church)**  
 Rough Lea Road, Cleveleys, FY5 1DP  
 01253 824001


**Preesall and Knott End Help Group**  
 [HelpPKE@gmail.com](mailto:HelpPKE@gmail.com)  
 01253 810628  
 Facebook: [HelpPKE](https://www.facebook.com/HelpPKE)

## Domestic Abuse

**Domestic Abuse Support Service Lancashire (24hr)**  
 03003033581

**Children's Independent Domestic Violence Advisor**  
 03003232100

## Behind Closed Doors


Confidential support, safety planning, refuge referrals  
 Website: [behind-closed-doors.org.uk](https://www.behind-closed-doors.org.uk)  
Facebook: [Behind Closed Doors](https://www.facebook.com/BehindClosedDoors)



**BrightSky App** (free to download)  
Providing support and information for anyone in an abusive relationship.


## Drug & Alcohol Support


**Inspire (Fleetwood & Wyre) (18+)**  
 Dock Street, Fleetwood, FY7 6HP  
 01253 955700

**We Are With You (11–24)**  
 [www.wearewithyou.org.uk](https://www.wearewithyou.org.uk)  
Online & local support


**Level Up Fleetwood – Families in Recovery**  
 Pavilion, Memorial Park, Fleetwood, FY7 7AF  
Sessions: Mondays & Saturdays, 3pm–7pm  
 07743 920614  
Facebook: [Level Up Fleetwood](https://www.facebook.com/LevelUpFleetwood)

## Other Useful Contacts



**Citizens Advice Wyre**  
Help with benefits, debt, legal, housing  
 0808 278 7840



**Adult & Child Social Services (Lancashire)**  
 0300 123 6720

 **MenShed Fleetwood**  
Community space for men to socialise, gain skills, and improve wellbeing  
 85 Manor Road, Fleetwood, FY7 7HY  
 07563 534883  
 [mensshedfleetwood@gmail.com](mailto:mensshedfleetwood@gmail.com)

**Lancashire victim services.**  
 03003230085

## Employment

**Job Centre Fleetwood**  
 Kemp Street  
 08001690190

**Positive Futures 16-64**  
 North Albert Street  
 07483041028

**Kings Trust (LFRS) 16-24**  
12 week self development programme  
 Fleetwood Fire Station  
 07796 147383