



Nature Journal



This activity is all about documenting the nature around you in your own handmade journal

The Mount Gardens are a perfect place to observe nature, there are a wide variety of trees, plants & creatures living there but you can watch nature wherever you are, your own garden, the beach, the park, out on a walk or from your window



Did you know???
Before The Mount Pavilion & Gardens were created the space used to be a large sand dune & rabbit warren



Here's how to make your Nature Journal:

1

Take some sheets of A4 paper and fold them in half to make the pages of your journal. You can use a mixture of different thicknesses & colours of paper

2

Next push a pencil through the top left hand corner of all your pieces of paper, then tread some string, ribbon or wool through and tie to secure your pages

3

Now you can start to fill your journal with lots of creative ideas:

- Drawings
- Paintings
- Photographs
- Pressed flowers
- Leaves
- Feathers
- Stories
- Observations etc.



4

You can observe nature wherever you are so maybe move around the town to see what you can spot in the different places:

- The Mount Gardens
- The beach
- The Memorial Park
- Your garden
- School
- On a walk



5

You could collaborate with a friend and make a nature journal



You can also try making a different journal for each of the four seasons

Why not share what you make? Tag us into your social media posts using @wyrecouncil

This is from a series of activities for the Science and Discovery Club at Fleetwood Mount.

Don't forget to complete the other badges to claim your certificate!

Downloaded them here: www.wyre.gov.uk/mountactivityplan

