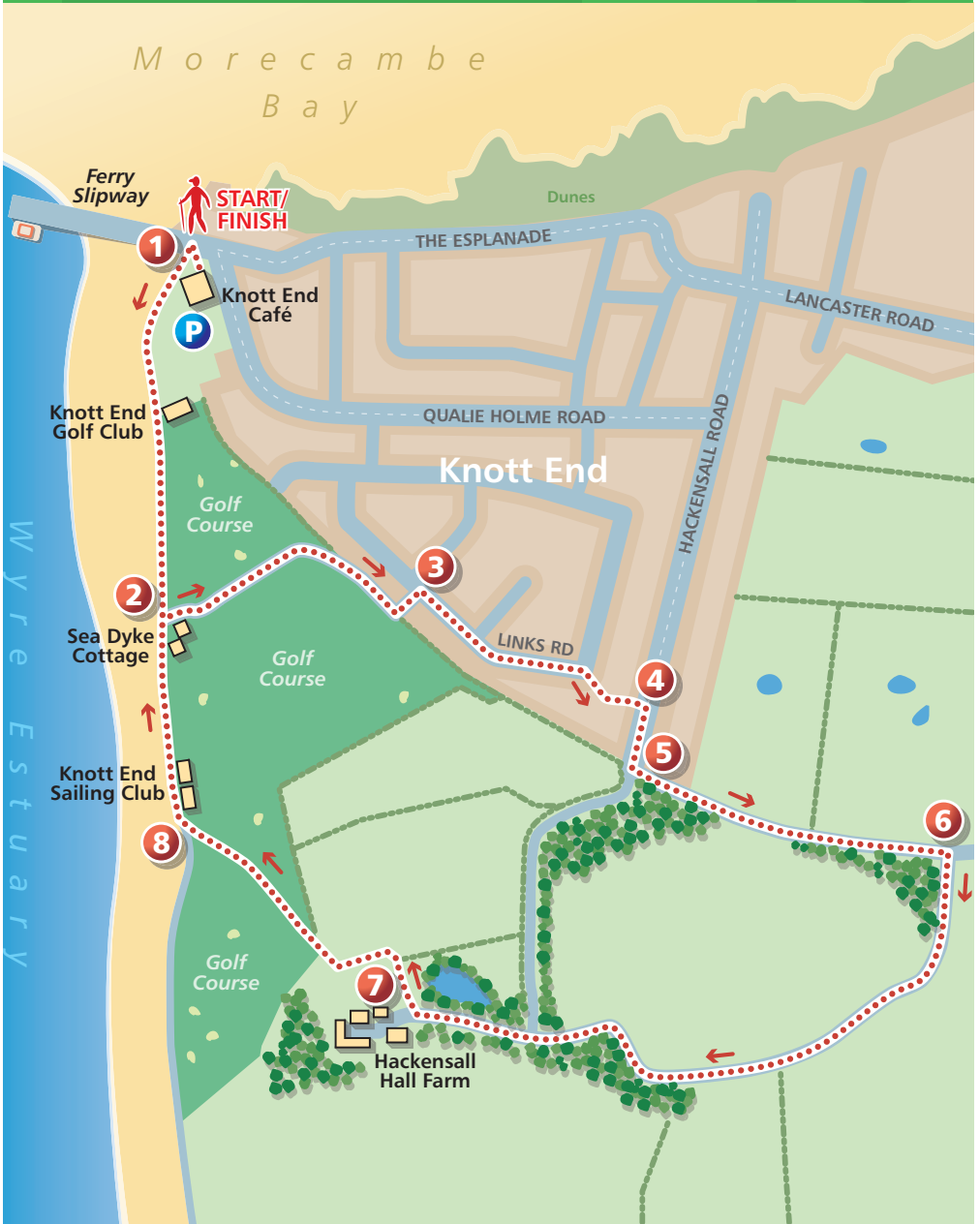


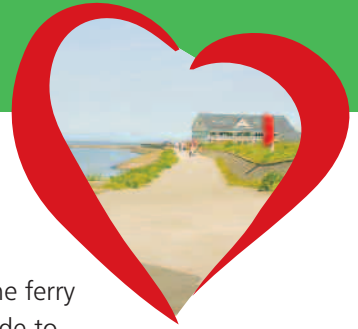
KNOTT END Health Walk

10



Please note, this map may not be completely accurate to scale, and is intended only as an illustrated guide to the highlighted walk.

KNOTT END Health Walk



Time: 1 hour

Start and finish: Knott End Café

- 1** From the café entrance, head towards the ferry slipway and turn left along the promenade to Sea Dyke Cottage and turn left on to the public footpath.
- 2** Head straight across the track on the Golf Course, taking care to avoid any flying golf balls.
- 3** On reaching the end of the track, join Links Road and turn right to follow a footpath leading onto a signposted public footpath. Turn right and follow the paved path through a small park to Hackensall Road.
- 4** Turn right to cross Hackensall Road to the public footpath at the start of the Pig Track (just before the bungalow).
- 5** Turn left along the footpath between the bungalows. Follow the path through a wooded area until reaching a wide farm track and then turn right.
- 6** Follow the farm track to Hackensall Hall Farm, then onto a footpath leading onto the Golf Course.
- 7** Cross the golf course to the finger post and follow the path along the edge of the golf course, past the sailing club and back to Sea Dyke Cottage.
- 8** Take the Promenade path back to Knott End Café.