Welcome to the 2015 Walking Festival

The theme of the festival this year is High Fells and Low Pastures.

Walkers will be able to experience the best of springtime in the countryside of the Forest of Bowland and around Garstang, enjoying bluebell woodlands, moorland wildlife and upland views. They can find out the local history of the area and also explore Bowland and around Garstang, enjoying bluebell springtime in the countryside of the Forest of Bowland.

There are walks for all abilities throughout the week.

Walk price guide

**FREE** - Health walks and guided walks up to one hour duration
£3.50 Adults, £2.50 - concessions, children - legstretcher.
£6.50 Adults, £4.50 - concessions, children - full day walk over 4 hours
£10 where transport is provided on the route.

Health

If you have any medical conditions that the activity leader should know about, please mention this at the start of the activity. Alternatively, check with your GP or health practitioner before you take part. Our health walks are a good starting point for people recovering from ill-health.

Safety

When attending an activity, please take the advice of the local leaders. We reserve the right to refuse to take people on activities if we feel they are unsuitably equipped for the activity. If you intend to leave a walk at any time during the day, please inform your leader. For your own safety, please come dressed to match the type of activity and weather with appropriate footwear and waterproof clothing.

How to book and pay

Please quote the booking reference shown next to the event name when booking. Any activity that requires booking should be paid for in advance and no refunds will be given. Make cheques payable to Wyre Council and send payment and booking to Garstang.)

Directions to Garstang

By car

From the north - Exit M6 at junction 33 (Lancaster south). Follow signs for Garstang, taking the A6 south, for approx 10 minutes.

From the south - Exit M6 at junction 32 (Preston). Follow signs for Garstang, taking the A6 north, for approx 20 minutes.

From the east - Take the A586 to junction 31 of the M6. Join the motorway east and exit at junction 32, as per directions from the south.

From the Fylde Coast take the A586 to Churchtown. Turn left onto the A6 north and follow the signs for Garstang, for approx 5 minutes.

By public transport

For details of train and bus times please ring 0871 200 22 33 or 0857 48 49 50.

The nearest railway stations to Garstang are Preston, Poulton-Le-Fylde and Lancaster.

Information for Garston via visitgarstang.net

Wyre Council, Civic Centre
Brock Road, Poulton-Le-Fylde
Lancashire FY7 7YU
Tel: 01253 891000

www.wyre.gov.uk

Walk Meeting Points

The map alongside shows the approximate locations of starting points for each walk. Note these may not necessarily be the start of the walk as for some walks transport (private or public) is used from the meeting points to the walk start.

Location

Walk Number

1. Abbeydale G17
2. Beacon Fell G27
3. Ribblehead G23
4. Blea Tarn G36, G37, G31, G32, G33, G14, G40, G41, G44, G47
5. Cabus G13
6. Calder Vale G16
7. Clauforth G18
8. Cleveleys G45, Health Walk
9. Cobble Hey G31, G37, G43
10. Delph G36, G34, G35
11. Fleetwood Health Walk
12. Garstang G3, G4, G5, G7, G8, G12, G18, G19, G32
13. Glasson G16
14. Knott End Health Walk
15. Pilling G2
16. Queenmore G20
17. Scarforth G12
18. Stanah G15, G21, G24, G26, G12
19. Thornton G3, G5
20. Warton Leigh G9

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Photography used within this leaflet courtesy of Michael Legg.

If you would like this information in large print or an alternative format, please ring Wyre Council on 01253 891000.
Saturday 9 May to Tuesday 12 May

Walk the Wyre Way Challenge (G1)  
Times vary  
Grade: Moderate/Very Hard  
Cost: £25 for all four days  
Area: Garstang/Lancaster

The Wyre Way Challenge is a circular walk from Garstang and features many of the Wyre Way walks described below. The path is largely unpaved and the route is through woodland, open moorland, farm tracks and fields. Participants can choose their own starting point from Garstang or Lancaster. The challenge can be completed in a linear manner, starting in one direction and returning via Garstang. The Wyre Way is a 146-mile (235 km) long-distance footpath in Lancashire and is part of the National Footpath Network. The Wyre Way Challenge includes various walks described below.

Friday 15 May to Sunday 17 May

Three Day Ridge Challenge (G2)  
Times vary  
Grade: Very Hard  
Cost: £25 for all three days  
Area: Bleasdale

This is a special walk for those who enjoy straining their legs to challenge the edges of the eastern fells. Walk from the highest points on the ridge and return down the same path. The walk is suitable for experienced walkers who have been very little used in the past years.

Sunday 10 May

Walk the Wyre Way Challenge Day 1 (D6)  
11am – 5pm  
Grade: Moderate/Very Hard  
Cost: £10 or £25 for all four days  
Area: Garstang

Walk the Wyre Way Challenge Day 2 (G2)  
9am – 5pm  
Grade: Very Hard  
Cost: £25 for all three days  
Area: Bleasdale

Saturday 16 May

Three Day Ridge Challenge Day 3 (G3)  
9am – 5pm  
Grade: Very Hard  
Cost: £25 for all three days  
Area: Bleasdale

The walk starts at Garstang Bridge and finishes at Delph. This walk is suitable for experienced walkers who have been very little used in the past years.

Walking Wyre Wyre Way Walks

Walking Wyre is a series of walks along the River Wyre from Ulverston to Garstang. Each walk is described below. The walks are suitable for all levels of experience and can be completed in a clockwise or anti-clockwise direction. The Wyre Way is a popular route for walkers and cyclists.

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